

***CATHOLIC DAUGHTERS OF THE AMERICAS
OUR LADY OF LOURDES COURT 2278
14818 Deer Valley Drive, Sun City West, Arizona 85375***

***NEWSLETTER
MARCH, APRIL, MAY, 2017***

MISSION STATEMENT:

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality, and the advancement of human rights and human dignity for all.

HOLY SPIRIT PRAYER:

Breathe in me, O Holy Spirit that my thoughts may be holy;
Act in me, O Holy Spirit that my work too, may be holy,
Draw my heart, O Holy Spirit that I love but what is holy;
Strengthen me, O Holy Spirit to defend all that is holy;
Guard me then, O Holy Spirit that I always may be holy. (St. Augustine)

MESSAGE FROM FATHER MIKE:

I wish to congratulate you Catholic Daughters of the Americas, Our Lady of Lourdes Court for a successful rummage sale 2017. I know it takes a lot of work to put everything together and you commit your time and energy to it. May God bless everyone who in one way or another contributed to the success of this awesome yearly event.

The season of Lent is here again, it is that time to make a spiritual journey with the Lord. This special season disposes to celebrate the paschal mystery of the passion, death and resurrection of our Lord Jesus Christ. By listening to the word of God and devoting ourselves to prayer, we are prepared through a spirit of repentance to renew our commitment to the Lord and to renew our baptismal promises in which we choose God above every other thing. May God the Father, Son and Holy Spirit grant us a grace-filled Lenten season and joyful Easter. Remain blessed in the Lord.

Father Mike Ashibuogwu

MESSAGE FROM COURT REGENT JOYCE:

WHAT A SUCCESS.....

A delayed start for accepting donations, a damaging wind during the night, and cold, really cold mornings couldn't dampen the spirit of the workers at our Rummage Sale. There were nothing but smiles and sales as we worked our way to a HUGE success, surpassing last year's profits by several thousand dollars. THANKS to all the Catholic Daughters and friends and family that worked to set up and staff the sale days. Thanks also to those that can't work, but prayed for our success. We can never know how much they helped. We really couldn't be this successful if we didn't have all the non-Catholic Daughter volunteers that give us their time and energy and we appreciate and thank them. Thanks also to the men that work both at the Rummage Sale and throughout the year picking up loads of furniture and boxes that give us the donations that result in our success. And last, but certainly not least a HUGE **THANKS** to Joan and Lucy for their many years taking charge of the rummage sale. **We appreciate all that you do.**

Now it is Lent and I have a lenten challenge for you. Make every day brighter for someone because of something you did. I'd like to suggest that we have lots of Catholic Daughters who struggle with health issues, some are no longer able to be out and about and some are in nursing homes. Think of the ladies that you visited with at Catholic Daughters in the past. If they are no longer active, visit them or call them or send them a card letting them know that you are thinking of them. I know it will brighten their day.

Don't forget that at our next meeting, April 19th will be followed by the clergy appreciation lunch. Please plan to attend the meeting and stay for lunch.

Soon Lavonne Abbott and committee will meet to decide which charities to recommend to the Court that we will support this year. If you have charities you would like for the committee to consider, please get the information to Lavonne ASAP.

This is the last Catholic Daughter newsletter of the year. The Catholic Daughter page on the parish website will have information to keep you up to date over the summer. Pictures from the rummage sale and other activities are on that website. Please check it out.

NATIONAL CATHOLIC DAUGHTER NEWS:

The winter edition of the **SHARE** magazine should have been in your mailboxes, please read and enjoy the many articles regarding the Catholic Daughters of the Americas in other states, as well as the many interesting articles by clergy and members of our organization. If you did not receive a copy, the magazine is on line.

ARIZONA STATE CATHOLIC DAUGHTER NEWS:

<http://arizonacatholicdaughters.weebly.com/> This is the State Catholic Daughter's website.

The State Convention is May 5th, 6th and 7th, 2017 in Gilbert. It is at the Doubletree Hilton, 1800 S. San Tan Village Parkway, Gilbert, AZ. Phone 480-809-4100.

Our Court has 7 delegates and 14 alternates. If you are interested in attending, it is wise to make hotel reservations now. Joyce has the forms for registration for the convention.

LEGISLATIVE NEWS:

Flo Fredrick, State Legislative Chairwoman

Now is the time to speak out on Federal Legislation proposed in the first 100 days. We do this as private citizens formed by our Catholic conscience.

How to contact Federal Legislators

Via telephone: Call U.S. Capitol in Washington, D.C. And ask for U.S. Senator or U.S. House Representative by name. Call: 1-202-224-3121 or 1-800-828-0498

Via Internet: www.senate.gov (for U.S. Senator). www.house.gov for U.S. House Representative. You will receive e-mail address and direct telephone number.

Via U.S. Mail:

U.S. Senator	U.S. House of Representative
The Honorable (first & last name)	The Honorable (first & last name)
United States Senate	United States House of Representatives
Washington, D.C. 20510	Washington, D.C. 20515

NOTE: Email messages reinforce communications sent through postcards, letters, phone calls and personal messages.

According to *Operation Morningstar*, March, 2017, we should call or email our United States Senators and Congressmen to tell them our views on the following important topics:

Support for no Taxpayer funding for abortion. Support for the unborn child pain awareness act, Support for the born alive abortion survivors act, Support for

defunding Planned Parenthood, Support for conscience protection act, Support for the First Amendment Defense Act, Support for a Supreme Court nominee who is truly pro-life, Support for the repeal of the HHS mandate. These are only a few of the suggestions. Please go to the National Catholic Daughters website for more information: http://ww.catholicdaughters.org/Qtr_Newsletter/2017.pdf

ARIZONA CATHOLIC CONVERENCE

Legislative Update (2/17/17) The Senate Health 2016 Committee approved 2 important pro-life bills relating to issues at both the beginning and end of Life. Bill SB1439 would provide conscious protection for virtually all health care providers not wanting to participate in actions intended to cause death, such as assisted suicide. While assisted suicide will hopefully always remain illegal in Arizona, SB1439 amounts to a layer of protection for health care providers not wanted to be forced to participate in these evil acts should Arizona law ever be changed in this regard. SB1367 is a proposal that would bolster current laws requiring infants who are born alive following failed abortions to receive medical care. With both SB1439 and SB1367 now being passed in the Senate Committee, it is expected that they will both move to the Senate floor soon for further action.

FRIEND TO FRIEND MINISTRY

Our Vice Regent, Rosemary Dougherty had an idea for a ministry to provide caregivers in our parish with necessary respite. Along with our parish social worker, Whitney Lynch, they have managed to get this ministry off the ground and working. This was no easy feat – there were legalities to consider, as well as training for the friend ministers and home visits to those who would qualify for these friendship visits. The volunteers provide hands off companionship to a parishioner so their caregiver can leave the house with peace of mind while they are at a doctors appointment, attending a meeting, shopping, etc., knowing that in their absence, two volunteer friends are with their loved one, should an emergency arise.

Volunteers are needed and if you are able to listen, talk, reminisce, share a board game, a card game, assist with a hobby and have an hour or two to share each week or each month, this may be a ministry that you would enjoy while building

new friendships. Two volunteers will go to each visit and will receive training before starting home visits. If you can serve in this ministry, please contact Whitney Lynch, parish social worker, 623-344-7285 or Rosemary Dougherty, volunteer coordinator, 623-584-2327.



A SPECIAL THANK YOU TO ROSEMARIE

We would also like to acknowledge and thank Rosemarie Schaefer who begins each of our meetings with prayer and a hug-a-thon where we spend a few minutes hugging our sisters who are sitting beside us, in back and in front of us, then leads us in a decade of the rosary with scripture, a humorous story and when the meeting ends, leads us in a prayer for vocations. She is one of our many beautiful and active Catholic Daughters and is always wearing one of her many lovely hats.

INFORMATION FOR NEW MEMBERS - and a reminder for all of us -

The National CDA Court sets rules for every court to follow on what members should wear to funerals of CDA members and special occasions. We are asked to wear either a white dress, white blouse with white skirt or pants and white shoes. Small earrings in white, gold or silver can be worn. No dangling or colored earrings. No colored scarves or pins. If you wish to wear a hat it must be all white with no colored trim. Try to keep your outfit as simple as possible.

RUMMAGE SALE 2017

INSIDE, OUTSIDE AND ALL AROUND THE CHURCH

(Additional photos on parish website & in scrapbook)



Yes, I am a senior citizen:

I can't understand why women are okay that JC Penny's has an older women clothing line named "Sag Harbor."

The human body is roughly 60% water – I'm not fat, I'm flooded.

I try to avoid things that make me fat – like scales, mirrors and photographs.

I really think tossing and turning in bed should be counted as exercise.

A meal without wine is called breakfast.

I just ordered a chicken and an egg off the internet to see which one comes first – I'll keep you posted.

My goal for 2016 was to lose 10 pounds. Only 15 to go.

A recent study has found women who carry a little extra weight live longer than men who mention it.

Maryann Frison, Newsletter Editor
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